



Struggling With Fear, Anxiety and Limited Beliefs?

Then I want to **Congratulate YOU** For Subscribing To My Positive Affirmations!! I am beyond excited to be sharing with you the positive affirmations that have lifted me up during my turbulent times.

What Are Affirmations?

Affirmations are positive statements describing a desired situation or goal. They are repeated... enabling the subconscious mind to help transform your current circumstances. Repeating them motivates, inspires, and programs the mind to act according to the repeated words.

Affirmations can help us create positive thoughts and restructure the dynamic of our brains. The word affirmation comes from the Latin *affirmare*, meaning "to make steady, strengthen."

Affirmations are proven methods of self-improvement due to their ability to rewire our brains. It's important to establish a profound communication with the universe and make sure you say each affirmation with conviction, in your own unique voice, and then allow it to happen in the real world. ❤️ ❤️

Cheri Ann Schultz

INSPIRE★ENCOURAGE★EMPOWER

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POSITIVE THOUGHTS

generate

POSITIVE FEELINGS

and attract

Positive Life

Experiences

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**POSITIVE AFFIRMATIONS PROVE YOU ARE
SPECIAL, YOU ARE ENOUGH, YOU ARE
SMART, YOU ARE WORTHY OF LOVE.**

I am in control
of my reactions.

I let go of my
anger so I can
see clearly.

I believe in
myself
and
my abilities.

I have a dynamic personality and I am eager to meet knew people.

I am a great listener.

My faith allows me to move mountains.

I am a magnet for success.

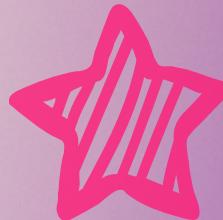
I focus on what will lead me to success.

I am passionate about my life's direction.

I am successful in achieving my dreams.

I am the architect of my own life.

I am in charge of my life.



My wisdom gives me the ability to believe, I can achieve.

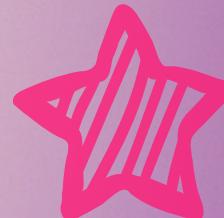


I am powerful
and living in the
moment.

I am proud
of all my
accomplishments.

I make the
right choices
everyday.

I always
stand up
for myself.



I believe
my dreams
can become
my reality.

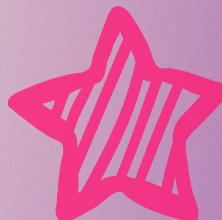


I surround myself
with positive
people.

I am a unique person
and I am loved.

I study and
comprehend
quickly.

I trust
my actions
and
decisions.



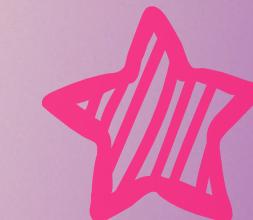
I let go of all
anger and
see my life
clearly.

I choose friends
who accept me for
who I am.

I am manifesting
the perfect job.

I use my
time
effectively.

My fears
are fading
away.



The universe
supports me in
every area of
my life.



I am accomplishing
my goals and reaping
the rewards.

I forgive myself for
all my past mistakes.

I believe in
my skills and
abilities.

I radiate
beauty and
charisma.

I am filled
with love
and
gratitude.

I am grounded
and aware of my
surroundings.

I am
gentle with
myself.

I am confident and
full of hope.

I am blessed
and divinely
guided each
day.

My thoughts
attract
abundance
into my life.

If you believe you are what you think, then life truly stems from your thoughts. However, we cannot rely purely on thoughts; we must translate thoughts into words and actions in order to manifest our intentions.

This means we have to be very careful with our words, choosing to speak only those which cultivate our highest good. Affirmations help purify our thoughts, restructure the way we think and then we begin to think nothing is impossible.

You can utilize any of these affirmations alone or create your own based on your own personal needs. The most important thing you can do is to say each affirmation with conviction, repeat it in your own voice and be convinced it can happen!!



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